

SHAREABLES

LEMON PEPPER CALAMARI 20.95

Crispy calamari, tzatziki, pickled onions, radish sprouts, lemon.

FILO BAKED BRIE 16.95

Baked brie in filo, served with caramelized onions, orange marmalade, candied walnuts, toasted baguette.

BAKED SPINACH AND CHIP ARTICHOKE DIP 15.45

Roasted garlic, goat & cream cheese dip with spinach and artichokes, served with tortilla chips or toasted baguette.

AVOCADO YAM PLANKS 15.95

Roasted yam planks, topped with avocado, goat cheese, Valentina hot sauce.

GRILLED CHICKEN LETTUCE WRAPS **FAN FAVOURITE** 23.95

Peanuts, mango salsa, mint sauce, pickled carrots, red cabbage, crispy noodles.

CHICKEN GYOZA 15.95

Pan-fried chicken & kimchi dumplings, house dipping sauce.

GUACAMOLE & CHIPS 14.95

House-made guacamole, pepitas, pico de gallo, feta cheese, tortilla chips.

ROASTED JALAPEÑO CORNBREAD 9.25

House-made cornbread, whipped honey butter, hint of jalapeño.

TOMATO BRUSCHETTA 11.95

Tomato, garlic & basil bruschetta, pesto goat cheese, balsamic glaze.

OYSTERS 14.95

Classic and a mango mignonette, half a dozen, daily selection.

CHICKEN WINGS

18.95/LB

SALT AND PEPPER

choice of ranch or blue cheese

CLASSIC BUFFALO

choice of ranch or blue cheese

BAD BOY BBQ

choice of ranch or blue cheese

MANGO MONGO

topped with peanut sauce

BEE'S KNEES

served with spicy yogurt dip

SOUPS

8.95 | 14.95

TOMATO VODKA SOUP

Creamy vodka tomato soup with pancetta.

SOUP DU JOUR

Please ask server for details.



Vegetarian



Gluten Friendly

We proudly use halal-certified chicken in all our dishes.

TACOS

3 pieces | Add extra taco \$ 4.75

Served with your choice of fries, bistro greens or soup

MOLE CHICKEN TACOS 19.95

Mole chicken, napa cabbage, lime crema, feta, guacamole, cilantro.

BLACKENED SHRIMP & AVOCADO 19.95

Blackened shrimp, napa cabbage, lime crema, feta, guacamole, cilantro, Valentina.

BAJA FISH TACOS 19.95

Beer-battered cod, coleslaw, house-made pico de gallo, chipotle mayo.

PASTA & BOWLS

All pastas are served with Garlic Toast. Sub gluten-free pasta for +\$3

SEAFOOD LINGUINI **FAN FAVOURITE** 28.95

Clams, prawns, cod, salmon, mussels, white wine cream, chili flakes.

HOT SMOKED SALMON VODKA PENNE 26.95

In-house maple-smoked sockeye salmon, vodka sauce, bacon, spinach, parmesan.

BAKED MAC & CHEESE 22.95

Elbow pasta, Romano, roasted garlic mornay, cheddar, bacon.

Add: Buffalo Chicken \$5 | Cajun Prawns \$5 | Blue cheese \$5

CREAMY CHICKEN PESTO PASTA 25.95

Cajun chicken, Alfredo sauce, pesto, penne.

ISLAND TUNA POKE BOWL 23.95

Ahi tuna, house made mango salsa, pickled ginger, edamame, cucumber quick pickles, jasmine rice, avocado, sesame, sriracha mayo.

FRIED TOFU & LENTIL BOWL 17.95

Tofu, lentils, seasonal vegetables, yum yum sauce, black sesame.

THAI CHICKEN BOWL **FAN FAVOURITE** 23.95

Grilled chicken, coconut rice, avocado, mango salsa, quick pickles, peanut sauce, sesame, crisp wontons, pickled ginger.

CHICKEN SHAWARMA BOWL 23.95

Marinated chicken thighs, crispy chickpeas, chili lime rice, cherry tomatoes, garlic yogurt sauce, Feta.

YAKITORI CHICKEN & SESAME NOODLE **FAN FAVOURITE** 22.95

Grilled chicken skewers, egg noodles with Asian sauce, pickled ginger, cabbage, yum yum drizzle.

FRESH BITES

CHOPPED CHICKEN SALAD 24.95

Grilled chicken, crisp greens, cabbage, radish, corn, rice wine vinaigrette, peanut sauce, wonton crisps.

COBB SALAD 16.95

House greens, fried tofu, avocado, tomatoes, mushrooms, egg, yams, lentils, candied walnuts, miso vinaigrette.

GRILLED CHICKEN CAESAR SALAD 22.95

Cajun or grilled chicken, brioche croutons, parmesan, crispy capers, house-made dressing, lemon zest.

SPINACH SALAD 24.95

CHOOSE CHICKEN OR SALMON

Grilled chicken or pan seared salmon, bacon, mushrooms, tomato, cucumber, egg, toasted almonds, tahini dressing

BEET SALAD FAN FAVOURITE 16.95

Poached beets, goat cheese, mixed greens, candied walnuts, cranberries, honey drizzle.

ENHANCE YOUR SALAD

Grilled Chicken \$6 | Cajun Chicken \$6 | Cajun Salmon \$9 | Grilled Salmon 9\$ | Garlic Prawns \$7 | Avocado \$3

MAINS

BLACKENED CHICKEN 32.95

8oz Cajun spiced chicken breast, honey butter, choice of mashed potatoes or cheddar grits, seasonal vegetables.

GRILLED LAMB CHOPS FAN FAVOURITE 39.95

Mint pesto, garlic butter, choice of mashed potatoes or cheddar grits, seasonal vegetables.

BBQ BABY BACK PORK RIBS 34.95

Fall-off-the-bone ribs, warm potato salad, coleslaw, jalapeño cornbread, BBQ sauce.

BLACKENED OR PAN SEARED SALMON 34.95

Choose from blackened, or pan seared salmon, wild rice, corn and black bean succotash, lemon dill yogurt.

CAJUN CHICKEN AND RIB COMBO 35.95

Half rack of ribs and cajun chicken breast served with mashed potatoes and seasonal vegetables.

STEAK

Served with mashed potatoes or cheddar grits and seasonal vegetables.

10oz AAA Striploin 47.95

8oz Baseball Cut Sirloin 44.95

ENHANCEMENTS :

Peppercorn Sauce \$5 | Blue Cheese \$5 | Cajun Butter \$3 | Mushrooms \$5

BISTRO PLATES

Served with your choice of fries, bistro greens or soup.

SUBSTITUTIONS Hot Honey Fries \$2 | Patatas Bravas \$3 | Cajun Fries \$2 | Onion Rings \$3 | Caesar Salad \$2 | Yam Fries \$4 | GF Bun \$3

SMASH BEEF BURGER 20.95

Double 3oz patties, cheddar, caramelized onions, lettuce, tomato, pickles, BBQ sauce, brioche bun.

Add: Bacon Jam \$3

BEEF DIP FAN FAVOURITE 24.95

In-house roasted sliced beef, chimichurri, horseradish mayo, au jus.

CRISPY CHICKEN BURGER 23.95

Breaded chicken breast, spicy pickles, lettuce, tomato, tartar, bacon jam, brioche bun.

ADD: — Sriracha for some heat 1\$

AHI TUNA BURGER 21.95

6oz tuna steak, pickled onion, lettuce, avocado, wasabi mayo, brioche bun.

MEDITERRANEAN LAMB BURGER 21.95

Tzatziki, goat cheese, tomato bruschetta, arugula, balsamic glaze.

SANTA FE VEGGIE WRAP 17.95

Black beans, pico de gallo, red peppers, corn, feta and shredded lettuce and a chili lime vinaigrette.

ADD: Grilled Chicken \$6

GRILLED CHEESE SANDWICH AND TOMATO VODKA SOUP. 19.95

Sourdough bread and sharp white cheddar grilled and served with a tomato vodka soup and spicy sweet pickles. **Add:** Pancetta 2\$ | Bacon Jam for \$3

CALIFORNIA CAJUN CHICKEN SANDWICH 23.95

Cajun chicken, bacon, lettuce, tomato, white cheddar, avocado, grilled focaccia.

CHICKEN BACON & BRIE SANDWICH 24.95

Grilled chicken, bacon, brie, spinach, tomato, garlic aioli, honey mustard.

FISH & CHIPS 2 PC | 22 3 PC | 24

Beer-battered cod, fries, coleslaw, house tartar sauce.

SOUTHERN FRIED CHICKEN STRIPS 20.95

Panko crusted chicken strips, coleslaw, choice of dip: BBQ | Blue Cheese | Garlic Aioli | Honey Mustard | Ranch | Spicy Yogurt | Valentina Hot Sauce .



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